## Breakfast Plates

| -- SUNRISE SPECIAL 17 | * AMERICAN 15 |  |
| :---: | :---: | :---: |
| 3 eggs, 3 slices of bacon, sausage or ham, 2 slices toast, home fries, 2 pancakes | 2 eggs, 2 slices bacon, sausage or ham, home fries, 1 slices toast | 1 egg your way, 1 slice of bacon, sausage or ham, home fries, 1 slice of toast |
| blueberry | PANCAKES 12 <br> cakes, choice of bacon, sausage o cakes $\$ 1.50$----- chocolate chip p | akes \$1.50 |

## Omelette's

## FAVARA OMELETTE 15

rabe, crumbled sausage, Italian bread crumbs, grated Parmigianno cheese, red pepper flakes and EVOO

MEDITERRANEAN OMELETTE 13
roasted red peppers, tomato, feta and Parmigiano cheese, kalamata
olives, baby spinach and EVOO

## WESTERN OMELETTE 13

ham, onion, green \& red bell pepper \& Vermont cheddar cheese

YOUR WAY OMELETTE* 8
add cheese, vegetable or protein below - . 75 each item

CHEESE CHOICES *
American, Vermont cheddar, mozzarella, feta, goat or Parmigianno

VEGETABLE CHOICES*
baby spinach, tomato, mushroom, onion, green bell pepper, red bell
pepper and jalapenos
includes home fries \& toast. ---Substitute egg whites - \$3

## Breakfast Sandwiches

## EGG \& CHEESE 8

American or Vermont cheddar cheese*

HAM - EGG \& CHEESE 11
American or Vermont cheddar cheese*

BACON - EGG \& CHEESE 11
American or Vermont cheddar cheese*

## TRIO 15

bacon, sausage, ham and American or Vermont cheddar cheese*

SAUSAGE-EGG \& CHEESE 11
American or Vermont cheddar cheese*

JACK LALANNE 16
egg whites, spinach, tomato, mushroom, goat cheese on multi-grain bread*
*choice of English muffin, plain bagel, white or multi-grain bread ---substitute egg whites add $\$ 3$

## Sides

FRESH FRUIT SALAD 7
TOAST 3
Multi grain or White

ONE EGG 3

BACON, SAUSAGE OR HAM 6

## Coffee \& Tea

COFFEE 4
hot or iced
Brioni's Ultra Premium
ESPRESSO, CAPUCCINO, LATTE 3
5
Nespresso

## Juice

ORANGE 4
fresh squeezed
APPLE 3

GRAPEFRUIT 4
fresh squeezed
CRANBERRY 3

## Breakfast cocktails

| Q MIMOSA 10 | BELLINI 10 | BLOODY MARY 10 |
| :---: | :---: | ---: |
| Prosecco, fresh squeezed orange |  |  |
| juice | Prosecco, peach nectar | Grainger's Deluxe Organic Vodka, |
| Bloody Mary mix |  |  |

